ANTI-BULLYING WEEK 2026

Monday 16th to Friday 20th November

ANTI-BULLYING ALLIANCE



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What does 'Break the Silence' mean?

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What would you do?

Breaking the Silence scenarios

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1. Someone is being left out of a game every day.
2. You hear somebody calling another child hurtful names.
3. A friend tells you they are worried about how someone is treating - them.
4. You notice someone sitting alone looking upset at lunchtime.

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What's happening this week?

Our Anti-Bullying Week pledge

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When we see something wrong, we won't ignore it.

When someone needs support, we will help them find it.

When we are worried, we will speak to someone we trust.

Together, we will Break the Silence.

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BREAK THE SILENCE

#ANTIBULLYINGWEEK

Odd Socks Day

Monday 16th November